



School Foodservice Product Listing

Nutritional Details

	Product Code	CN	Serving	Meat Alt.	Bread Serving	Total Calories	Calories from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Protein (g)
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PFG - BAY WINDS BRAND

AK Pollock, Cornmeal Breaded Strip, 1.25 oz	1002367	Y	3 pc	2.00 oz	2.00 srv	180	70	8	1	0	600	17	1	10
AK Pollock, Breaded Stick 1 oz	1002958	Y	4 pc	1.00 oz	N/A	170	60	6.8	1	0	290	16	0	11

US FOODSERVICE - BLUEWATER BRAND

Cod, Breaded Nugget 0.88 oz	10024125	Y	5 pc	2.00 oz	1.75 srv	240	100	11	1.5	0	300	21	1	13
Cod, Breaded Rectangle 3 oz	10024046	N	1 pc	N/A	N/A	150	45	5	0.5	0	280	13	1	11
Cod, Breaded Stick 1 oz	10024126	Y	2 pc	1.00 oz	0.75 srv	200	80	9	1.5	0	280	17	1	12
Cod, Breaded Super Crunchie Rectangle 3.6 oz	10024047	Y	1 pc	2.00 oz	2.00 srv	170	60	7	1	0	540	16	1	12
Cod, Raw Breaded Custom Cut Portion 4 oz	10024036	N	1 pc	N/A	N/A	150	10	1	0	0	90	21	1	15
Cod, Raw Breaded Square 3 oz	10024037	N	1 pc	N/A	N/A	120	5	1	0	0	70	16	1	11
Cod, Super Crunchie Breaded Wedge 3 oz	10024045	Y	1 pc	1.50 oz	1.00 srv	140	50	6	1	0	450	13	1	10
Pollock, Brd Potato Coated Strips Apx 1.5 oz	10024052	Y	3 pc	2.00 oz	2.00 sev	160	70	8	1.5	0	280	14	0	8
Pollock, Breaded Fish Shaped Nugget 1 oz	10024051	Y	4 pc	2.00 oz	1.50 srv	170	60	7	1	0	570	16	1	10
Pollock, Breaded Nugget 1 oz	10024049	Y	3 pc	2.00 oz	1.50 srv	200	80	9	1.5	0	300	17	1	11
Pollock, Breaded Rectangle 3 oz	10024053	Y	1 pc	1.50 oz	1.00 srv	200	80	9	1.5	0	300	16	0	11
Pollock, Breaded Rectangle 3.6 oz	10024056	Y	1 pc	2.00 oz	1.00 srv	170	0	7	0.5	0	350	15	0	12
Pollock, Breaded Stick 1 oz	10024048	Y	2 pc	1.00 oz	0.75 srv	170	50	5	0.5	0	330	19	2	11
Whiting, Breaded Rectangle 3 oz	10024058	Y	1 pc	1.50 oz	1.00 srv	200	90	10	1.5	0	280	16	0	12

GORDON FOOD SERVICE BRAND

AK Pollock, Breaded Nugget 1 oz	10021014	Y	5 pc	2.00 oz	3.25 srv	150	40	4	0.5	0	780	20	2	9
AK Pollock, Breaded Rectangle 3 oz	10022730	N	1 pc	N/A	N/A	160	50	5	0.5	0	340	19	2	10
AK Pollock, Breaded Rectangle 4 oz	10022738	Y	1 pc	2.00 oz	1.75 srv	190	60	7	1	0	400	18	2	15
AK Pollock, Breaded Stick 1 oz	10021017	Y	2 pc	1.00 oz	0.75 srv	160	45	5	0.5	0	340	19	2	5
AK Pollock, Breaded Wedge 3 oz	10022734	Y	1 pc	1.00 oz	2.25 srv	170	40	4	0.5	0	1020	25	2	9
Cod, Breaded Crispy Wedge 4 oz	10022739	Y	1 pc	2.00 oz	1.75 srv	190	70	7	1	0	600	18	1	13
Cod, Breaded Nugget 1 oz	10021013	Y	2 pc	1.00 oz	0.75 srv	160	50	5	0.5	0	320	19	2	10
Cod, Breaded Rectangle 4 oz	10022737	Y	1 pc	2.00 oz	1.75 srv	190	60	7	1	0	370	18	2	15
Cod, Breaded Stick 1 oz	10021016	Y	2 pc	1.00 oz	0.75 srv	160	45	5	0.5	0	320	19	2	10
Cod, Crispy Breaded Wedge 3 oz	10022733	Y	1 pc	1.00 oz	1.50 srv	180	50	6	1	0	830	25	2	9
Cod, Minced Breaded Rectangle 3 oz	10022732	Y	1 pc	1.25 oz	1.75 srv	170	50	6	0.5	0	330	19	0	10
Pollock, Breaded Potato Crunch Stick 1.5 oz	10023331	Y	3 oz	2.00 oz	2.00 srv	160	70	8	1.5	0	280	14	0	8
Pollock, Breaded Rectangle 3.6 oz	10022735	Y	1 pc	2.00 oz	1.25 srv	190	60	6	1	0	410	23	2	12



School Foodservice Product Listing

Nutritional Details

	Product Code	CN	Serving	Meat Alt.	Bread Serving	Total Calories	Calories from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Protein (g)
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SYSCO CORPORATION - PORTICO BOUNTY BRAND

AK Pollock, Breaded Nugget 0.88 oz	10022041	Y	6 pc	2.00 oz	2.50 srv	170	60	6	1	0	600	15	1	11
AK Pollock, Breaded Square 4 oz	10020472	Y	1 pc	1.50 oz	2.50 srv	240	70	8	1	0	510	31	3	10
AK Pollock, Breaded Stick 1 oz	10020473	Y	5 pc	2.00 oz	2.50 srv	180	50	6	1	0	380	23	2	8
Cod, Breaded Rectangle 3 oz	10020431	Y	1 pc	1.25 oz	1.50 srv	220	80	9	1.5	0	330	22	1	11
Cod, Breaded Square 4 oz	10020465	Y	1 pc	1.50 oz	2.00 srv	240	70	8	1	0	480	31	3	10
Cod, Breaded Stick 1 oz	10020466	Y	5 pc	2.00 oz	2.50 srv	180	50	6	1	0	360	23	2	8
Pollock, Breaded Fish & Star Nuggets 1 oz	10023925	Y	3 pc	2.00 oz	1.50 srv	170	60	7	1	0	570	16	1	10
Pollock, Breaded Rectangle 3 oz	10020469	Y	1 pc	1.25 oz	1.50 srv	180	50	6	1	0	380	23	2	8
Whiting, Breaded Stick 1 oz	10020455	Y	3 pc	2.00 oz	3.25 srv	230	90	10	1.5	0	360	24	1	11

ICELANDIC BRAND

AK Pollock, Bake N Serve Brd Portion 3.2 oz	10003000	Y	1 pc	2.00 oz	N/A	180	100	12	1	0	300	5	3	13
AK Pollock, Breaded Rectangle 3.6 oz	10001845	Y	1 pc	2.00 oz	1.00 srv	220	100	11	1.5	0	270	16	0	14
Cod, Breaded Rectangle 3 oz	10002948	Y	1 pc	1.25 oz	N/A	200	80	9	1.4	0	280	18	0.5	11
Cod, Breaded Rectangle 4 oz	10002949	Y	1 pc	1.75 oz	N/A	270	110	12	1.8	0	370	24	1	15
Cod, English Style Fish-In-Batter Diamond 3 oz	10004222	N	1 pc	N/A	N/A	180	80	9	1.5	0	350	15	0	10
Cod, Fish Krispies Coated Wedge 3 oz	10001987	N	1 pc	N/A	N/A	210	80	9	1.5	0	320	21	1	11
Cod, Fish Munchies Nugget 0.75 oz	10000544	Y	6 pc	2.00 oz	1.75 srv	200	80	9	1.5	0	250	17	1	11
Hoki, Potato Coated Select Shapes 3.6 oz	10002621	Y	1 pc	1.50 oz	0.75 srv	200	100	11	1.5	0	300	16	0	10
Pollock, Breaded Minced Stick 1 oz	10002936	Y	4 pc	2.00 oz	N/A	170	70	8	1.2	1.5	270	14	0	11
Pollock, Sliders Mini Brd Square 1.6 oz w. Buns	10025915	Y	2 pc	1.50 oz	3.25 srv	290	15	2	0	0	540	37	1	14
Pollock, Sliders Mini Breaded Square 1.6 oz	10025796	Y	2 pc	1.50 oz	1.25 srv	140	10	1	0	0	290	20	1	12

SEASTAR Brand

AK Pollock, Breaded Rectangle 3 oz	10002795	Y	1 pc	1.25 oz	N/A	210	80	9	1.5	0	270	19	<1	11
AK Pollock, Crispy Breaded Portion 3.6 oz	10002942	Y	1 pc	2.00 oz	N/A	230	100	11	1.5	0	290	17	1	14
Cod, Breaded Crunchy Nugget 1 oz	10021015	Y	4 pc	2.00 oz	1.75 srv	140	50	6	1	0	620	13	1	9
Cod, Minced Breaded Rectangle 3 oz	10001045	Y	1 pc	1.50 oz	1.00 srv	180	80	9	1.5	0	190	13	0	12
Cod, Minced Breaded Stick 1 oz	10000355	Y	2 pc	1.00 oz	0.50 srv	180	80	9	1.5	0	180	13	0	12
Haddock, Minced Breaded Rectangle 3 oz	10001112	Y	1 pc	1.50 oz	1.00 srv	190	80	9	1.5	0	190	13	0	12
Pollock, Minced Breaded Rectangle 3 oz	10001183	Y	1 pc	1.50 oz	1.00 srv	180	80	9	1.4	0	210	13	0	11



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SAMBAND OF ICELAND														
AK Pollock, Battered Rectangle 3.6 oz	10022065	Y	1 pc	2.00 oz	1.00 srv	220	100	11	1.5	0	270	16	0	14
AK Pollock, Battered Submariner 3.2 oz	10001872	Y	1 pc	1.25 oz	1.00 srv	210	110	12	2	0	350	16	0	9
AK Pollock, Breaded Nugget 1 oz	10022265	Y	2 pc	1.00 oz	0.75 srv	140	50	6	0.5	0	290	13	0	10
AK Pollock, Breaded Rectangle 3 oz	10001186	Y	1 pc	1.50 oz	1.00 srv	190	80	9	1.5	0	220	14	0	11
AK Pollock, Breaded Rectangle 4 oz	10022117	Y	1 pc	2.00 oz	1.25 srv	240	110	12	2	0	270	17	1	15
AK Pollock, Breaded Stick 1.33 oz	10000390	Y	3 pc	2.00 oz	1.50 srv	230	110	12	2	0	420	15	<1	15
AK Pollock, Breaded Wedge 3.6 oz	10001994	Y	3 pc	2.00 oz	1.50 srv	230	110	12	2	0	420	15	<1	15
AK Pollock, Fish Munchie Nugget 0.75 oz	10000541	Y	6 pc	2.00 oz	1.75 srv	200	100	11	1.8	0	300	13	<1	11
AK Pollock, Fish-In-Batter Wedge 3 oz	10001830	Y	1 pc	1.25 oz	1.25 srv	200	100	11	2	0	300	13	0	9
AK Pollock, Fish-In-Batter Wedge 4 oz	10022263	Y	1 pc	2.00 oz	0.50 srv	240	130	15	2.5	0	320	13	0	14
AK Pollock, Mild Cornmeal Brd Fillet 1.5 oz	10002373	Y	3 pc	2.00 oz	2.00 srv	190	80	9	1.5	0	560	15	1	10
AK Pollock, Ocean Treat Fun Shapes 1 oz	10000520	Y	4 pc	2.00 oz	1.25 srv	180	80	9	1.5	0	280	12	1	11
AK Pollock, Southern Style Breaded 1.5 oz	10002375	Y	3 pc	2.00 oz	2.00 srv	190	80	9	1.5	0	560	15	1	10
AK Pollock, Southern Style Breaded 1.5 oz	10001880	Y	1 pc	1.50 oz	1.25 srv	200	100	11	2	0	280	13	0	9
AK Pollock, Strip Cornmeal Breaded 1.5 oz	10025256	Y	3 pc	2.00 oz	2.00 srv	190	80	9	1.5	0	730	16	1	11
AK Pollock, Strip w. Potato Coating 1.5 oz	10023319	Y	3 pc	2.00 oz	1.50 srv	160	70	8	1.5	0	280	14	0	8
AK Pollock, Super Crunchie Rectangle 3.6 oz	10022066	Y	1 pc	2.00 oz	1.00 srv	220	100	11	1.5	0	270	16	0	14
Cod, Breaded Nugget 0.88 oz	10022063	Y	5 pc	2.00 oz	1.75 srv	240	100	11	1.5	0	300	21	1	13
Cod, Breaded Rectangle 3 oz	10022055	Y	1 pc	1.50 oz	1.00 srv	190	80	9	1.5	0	200	14	0	12
Cod, Breaded Rectangle 4 oz	10001240	Y	1 pc	2.00 oz	1.25 srv	250	110	12	2	0	260	17	1	16
Cod, Breaded Square 4 oz	10022646	Y	1 pc	2.00 oz	1.25 srv	240	110	12	2	0	250	17	1	16
Cod, Breaded Stick 1 oz	10021672	Y	2 pc	1.00 oz	0.75 srv	190	80	9	1.5	0	210	14	0	11
Cod, Fish-In-Batter Wedge 2 oz	10001910	Y	1 pc	0.75 oz	0.75 srv	260	130	15	2.5	0	390	19	1	12
Cod, Fish-In-Batter Wedge 3 oz	10022248	Y	1 pc	1.00 oz	1.50 srv	190	80	9	1.5	0	400	16	0	9
Cod, Super Crunchie Rectangle 3.6 oz	10022658	Y	1 pc	2.00 oz	1.00 srv	220	100	11	1.5	0	250	16	0	15
Fish Strip, Lemon Pepper Breaded 2 oz	10022727	Y	2 pc	2.00 oz	1.50 srv	240	100	11	2	0	740	20	1	16
Haddock, Breaded Rectangle 3 oz	10001110	Y	1 pc	1.50 oz	1.00 srv	190	80	9	1.5	0	200	14	0	12
Haddock, Breaded Rectangle 4 oz	10001310	Y	1 pc	2.00 oz	1.25 srv	250	110	13	2	0	260	17	1	16
Pollock, Breaded Rectangle 3 oz	10022640	Y	1 pc	1.50 oz	1.00 srv	190	80	9	1.5	0	220	14	0	11
Pollock, Breaded Rectangle w. Cheese 3.5 oz	10021686	Y	1 pc	2.00 oz	1.25 srv	210	90	10	3.5	0	870	15	1	13
Pollock, Breaded SeaFit Entree 3 oz	10020623	Y	1 pc	1.50 oz	1.00 srv	170	63	7	1	0	570	16	1	10
Pollock, Breaded SeaFit Entree 4 oz	10020624	Y	1 pc	2.00 oz	1.50 srv	220	80	9	1	0	750	22	1	14
Pollock, Breaded SeaFit Nugget 1 oz	10020540	Y	4 pc	2.00 oz	1.50 srv	200	90	10	1.5	0	670	16	1	12
Pollock, Breaded SeaFit Sandwich Portion 3 oz	10020621	Y	1 pc	1.50 oz	1.00 srv	170	60	7	1	0	570	16	1	10
Pollock, Breaded SeaFit Sandwich Portion 4 oz	10020622	Y	1 pc	2.00 oz	1.50 srv	220	90	9	1	0	750	22	1	14
Pollock, Breaded Square 4 oz	10022648	Y	1 pc	2.00 oz	1.25 srv	240	110	12	2	0	270	17	1	15



School Foodservice Product Listing

Nutritional Details

	Product Code	CN	Serving	Meat Alt.	Bread Serving	Total Calories	Calories from Fat	Total Fat (g)	Sat. Fat (g)	Trans Fat (g)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Protein (g)
SAMBAND OF ICELAND														
Pollock, Breaded Stick 1 oz	10000373	Y	2 pc	1.00 oz	0.75 srv	180	80	9	1.4	0	310	13	<1	11
Pollock, Breaded Stick 1 oz	10021675	Y	2 pc	1.00 oz	0.75 srv	190	80	9	1.5	0	230	14	0	11
Pollock, Fish-In-Batter Wedge 3 oz	10022249	Y	1 pc	1.00 oz	0.50 srv	190	80	9	1.5	0	410	16	0	9
Pollock, Super Crunchie Nugget 0.88 oz	10020874	Y	5 pc	2.00 oz	1.75 srv	250	100	11	1.5	0	330	23	1	13
Whiting, Battered Submariner 3.2 oz	10001870	Y	1 pc	1.25 oz	1.00 srv	220	110	12	2	0	340	16	0	10
Whiting, Battered Wedge 4 oz	10022264	Y	1 pc	2.00 oz	0.50 srv	250	140	15	2.5	0	300	13	0	15
Whiting, Breaded Rectangle 3.6 oz	10022659	Y	1 pc	2.00 oz	1.00 srv	220	100	11	2	0	210	13	0	15
Whiting, Breaded Square 4 oz	10022059	Y	1 pc	2.00 oz	1.75 srv	250	110	13	2	0	250	17	1	16
Whiting, Super Crunchie Rectangle 3 oz	10022654	Y	1 pc	1.50 oz	1.00 srv	190	80	9	1.5	0	200	14	0	12



School Foodservice Products Listing

Product & Package Details

Product Code	Grade	Case Pack	Case Weight	Case Cube (CU FT)	Apx Portions Per Case	Kosher	Big 8 Allergens	Cooking Method
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PFG - BAY WINDS BRAND

AK Pollock, Cornmeal Brd Strip, 1.25 oz	10002367	PUFI	2/5 LB	10 LB	0.57	103-111	/	W, F	Deep Fry, Bake
AK Pollock, Breaded Stick 1 oz	10002958	PUFI	2/5 LB	10 LB	0.57	Min 160	/	W, S, F	Bake, Microwave

US FOODSERVICE - BLUEWATER BRAND

Cod, Breaded Nugget 0.88 oz	10024125	PUFI	2/5 LB	10 LB	0.57	Apx 182	/	W, F	Bake
Cod, Breaded Rectangle 3 oz	10024046	n/a	2/5 LB	10 LB	0.57	Min 53	/	W, F	Bake
Cod, Breaded Stick 1 oz	10024126	A	2/5 LB	10 LB	0.57	Apx 155	/	W, F	Bake
Cod, Breaded Super Crunchie Rectangle 3.6 oz	10024047	PUFI	2/5 LB	10 LB	0.57	Min 44	/	W, F	Bake
Cod, Breaded Super Crunchie Wedge 3 oz	10024045	PUFI	2/5 LB	10 LB	0.57	Min 53	/	M, W, F	Bake
Cod, Raw Breaded Custom Cut Portion 4 oz	10024036	PUFI	1/10 LB	10 LB	0.57	38-42	/	M, W, F	Deep Fry
Cod, Raw Breaded Square 3 oz	10024037	PUFI	2/5 LB	10 LB	0.57	48-53	/	W, F	Deep Fry
Pollock, Brd Potato Coated Strips Apx 1.5 oz	10024052	PUFI	2/5 LB	10 LB	0.57	Apx 106	/	E, M, W, S, F	Deep Fry, Bake
Pollock, Breaded Fish Shaped Nugget 1 oz	10024051	PUFI	2/5 LB	10 LB	0.57	Apx 160	/	E, M, W, S, F	Bake
Pollock, Breaded Nugget 1 oz	10024049	PUFI	2/5 LB	10 LB	0.57	Min 160	/	W, F	Bake
Pollock, Breaded Rectangle 3 oz	10024053	PUFI	2/5 LB	10 LB	0.57	Apx 53	/	W, F	Bake
Pollock, Breaded Rectangle 3.6 oz	10024056	PUFI	2/5 LB	10 LB	0.57	Apx 44	/	W, S, F	Bake
Pollock, Breaded Stick 1 oz	10024048	A	2/5 LB	10 LB	0.57	Min 160	/	W, F	Bake
Whiting, Breaded Rectangle 3 oz	10024058	PUFI	2/5 LB	10 LB	0.57	Min 53	/	W, F	Bake

GORDON FOOD SERVICE BRAND

AK Pollock, Breaded Nugget, 1 oz	10021014	PUFI	2/5 LB	10 LB	0.57	Apx 160	/	M, W, F	Bake
AK Pollock, Breaded Rectangle 3 oz	10022730	PUFI	2/5 LB	10 LB	0.57	52-54	/	W, F	Bake
AK Pollock, Breaded Rectangle 4 oz	10022738	A	2/5 LB	10 LB	0.57	37-40	/	W, F	Bake
AK Pollock, Breaded Stick 1 oz	10021017	A	2/5 LB	10 LB	0.57	160	/	W, F	Bake
AK Pollock, Breaded Wedge 3 oz	10022734	PUFI	2/5 LB	10 LB	0.57	Apx 53	/	M, W, F	Bake
Cod, Breaded Crispy Wedge 4 oz	10022739	PUFI	2/5 LB	10 LB	0.57	Apx 40	/	M, W, F	Bake
Cod, Breaded Nugget 1 oz	10021013	PUFI	2/5 LB	10 LB	0.57	160	/	W, F	Bake
Cod, Breaded Rectangle 4 oz	10022737	A	2/5 LB	10 LB	0.57	Min 40	/	W, F	Bake
Cod, Breaded Stick 1 oz	10021016	A	2/5 LB	10 LB	0.57	160	/	W, F	Bake
Cod, Crispy Breaded Wedge 3 oz	10022733	PUFI	2/5 LB	10 LB	0.57	52-54	/	W, F	Bake
Cod, Minced Breaded Rectangle 3 oz	10022732	PUFI	2/5 LB	10 LB	0.57	51-54	/	M, W, F	Bake
Pollock, Breaded Potato Crunch Stick 1.5 oz	10023331	PUFI	2/5 LB	10 LB	0.57	98-107	/	E, M, W, S, F	Deep Fry, Bake
Pollock, Breaded Rectangle 3.6 oz	10022735	A	2/5 LB	10 LB	0.57	42-44	/	W, F	Bake

Allergens: (E)gg, (M)ilk, (W)heat, (S)oy, (F)ish, (SH)ellfish, (P)eanut, (T)reenut

Kosher Dairy (Kd), Kosher Non-Dairy (Knd)



School Foodservice Products Listing

Product & Package Details

	Product Code	Grade	Case Pack	Case Weight	Case Cube (CU FT)	Apx Portions Per Case	Kosher	Big 8 Allergens	Cooking Method
SYSCO CORPORATION - PORTICO BOUNTY BRAND									
AK Pollock, Breaded Nugget 0.88 oz	10022041	PUFI	2/5 LB	10 LB	0.57	168-181		W, F	Bake
AK Pollock, Breaded Square 4 oz	10020472	PUFI	2/5 LB	10 LB	0.57	39-41		W, F	Bake
AK Pollock, Breaded Stick 1 oz	10020473	PUFI	2/5 LB	10 LB	0.57	158-160		W, F	Bake
Cod, Breaded Rectangle 3 oz	10020431	PUFI	2/5 LB	10 LB	0.57	52-54		W, F	Bake
Cod, Breaded Square 4 oz	10020465	PUFI	2/5 LB	10 LB	0.57	39-41		W, F	Bake
Cod, Breaded Stick 1 oz	10020466	PUFI	2/5 LB	10 LB	0.57	156-164		W, F	Bake
Pollock, Breaded Fish & Star Nuggets 1 oz	10023925	PUFI	2/5 LB	10 LB	0.57	155-165		E, M, W, F	Bake
Pollock, Breaded Rectangle 3 oz	10020469	PUFI	2/5 LB	10 LB	0.57	52-54		W, F	Bake
Whiting, Breaded Stick 1 oz	10020455	PUFI	2/5 LB	10 LB	0.57	155-160		W, F	Bake
ICELANDIC BRAND									
AK Pollock, Bake N Serve Brd Portion 3.2 oz	10003000	PUFI	1/12 LB	12 LB	0.46	60		W, F	Bake
AK Pollock, Breaded Rectangle 3.6 oz	10001845	PUFI	2/6 LB	12 LB	0.66	54	Kind	W, F	Bake
Cod, Breaded Rectangle 3 oz	10002948	PUFI	2/6 LB	12 LB	0.66	64	Kind	W, F	Deep Fry, Bake, Microwave
Cod, Breaded Rectangle 4 oz	10002949	PUFI	2/6 LB	12 LB	0.66	48	Kind	W, F	Deep Fry, Bake, Microwave
Cod, English Style Fish-In-Batter Diamond 3 oz	10004222	PUFI	2/5 LB	10 LB	0.63	52-54	Kind	W, F	Deep Fry, Bake
Cod, Fish Krispies Coated Wedge 3 oz	10001987	PUFI	2/5 LB	10 LB	0.57	48-58		W, F	Deep Fry, Bake
Cod, Fish Munchies Nugget 0.75 oz	10000544	PUFI	2/5 LB	10 LB	0.57	Apx 213	Kd	W, F	Bake
Hoki, Potato Coated Select Shapes 3.6 oz	10002621	PUFI	2/5 LB	10 LB	0.56	39-51	Kind	W, S, F	Deep Fry, Bake
Pollock, Breaded Minced Stick 1 oz	10002936	PUFI	2/5 LB	10 LB	0.57	160		W, F	Bake
Pollock, Sliders Mini Brd Square 1.6 oz w. Buns	10025915	PUFI	1/11.28 LB	11.28 LBS	1.05	72 fish / buns		W, F	Deep Fry, Bake
Pollock, Sliders Mini Breaded Square 1.6 oz	10025796	n/a	1/10 LB	10 LB	0.57	86-119		W, F	Deep Fry, Bake
SEASTAR Brand									
AK Pollock, Breaded Rectangle 3 oz	10002795	PUFI	2/5 LB	10 LB	0.57	53		W, S, F	Bake, Deep Fry, Microwave
AK Pollock, Crispy Breaded 3.6 oz	10002942	PUFI	2/6 LB	12 LB	0.58	Min 24		W, F	Bake
Cod, Breaded Crunchy Nugget 1 oz	10021015	PUFI	2/5 LB	10 LB	0.57	149-162		M, W, F	Bake
Cod, Minced Breaded Rectangle 3 oz	10001045	PUFI	2/5 LB	10 LB	0.66	54	Kd	W, F	Bake
Cod, Minced Breaded Stick 1 oz	10000355	PUFI	2/5 LB	10 LB	0.57	160	Kd	W, F	Bake
Haddock, Minced Breaded Rectangle 3 oz	10001112	PUFI	2/5 LB	10 LB	0.66	54	Kind	W, F	Bake
Pollock, Minced Breaded Rectangle 3 oz	10001183	PUFI	2/5 LB	10 LB	0.57	54	Kd	W, F	Bake



School Foodservice Products Listing

Product & Package Details

	Product Code	Grade	Case Pack	Case Weight	Case Cube (CU FT)	Apx Portions Per Case	Kosher	Big 8 Allergens	Cooking Method
SAMBAND OF ICELAND									
AK Pollock, Battered Rectangle 3.6 oz	10022065	A	2/5 LB	10 LB	0.57	41-46		W, F	Bake
AK Pollock, Battered Submariner 3.2 oz	10001872	PUFI	2/5 LB	10 LB	0.56	90	Kd	E, M, W, F	Bake
AK Pollock, Breaded Nugget 1 oz	10022265	PUFI	2/5 LB	10 LB	0.57	155-164		W, S, F	Bake
AK Pollock, Breaded Rectangle 3 oz	10001186	PUFI	2/5 LB	10 LB	0.57	54	Knd	W, F	Bake
AK Pollock, Breaded Rectangle 4 oz	10022117	A	2/5 LB	10 LB	0.57	40		W, F	Bake
AK Pollock, Breaded Stick 1.33 oz	10000390	PUFI	1/20 LB	20 LB	1.30	235-245	Kd	E, M, W, S, F	Bake
AK Pollock, Breaded Wedge 3.6 oz	10001994	PUFI	2/6 LB	12 LB	0.66	54	Knd	W, F	Deep Fry, Bake
AK Pollock, Fish Munchie Nugget 0.75 oz	10000541	PUFI	2/5 LB	10 LB	0.57	Apx 213	Kd	E, W, S, F	Bake
AK Pollock, Fish-In-Batter Wedge 3 oz	10001830	PUFI	2/5 LB	10 LB	0.68	49-59	Kd	E, M, W, F	Bake
AK Pollock, Fish-In-Batter Wedge 4 oz	10022263	PUFI	2/5 LB	10 LB	0.57	37-40		E, M, W, F	Deep Fry, Bake
AK Pollock, Mild Cornmeal Brd Fillet 1.5 oz	10002373	PUFI	2/5 LB	10 LB	0.57	106	Kd	W, F	Deep Fry, Bake, Microwave
AK Pollock, Ocean Treat Fun Shapes 1 oz	10000520	PUFI	1/10 LB	10 LB	0.57	160	Kd	W, F	Deep Fry, Bake
AK Pollock, Southern Style Breaded 1.5 oz	10002375	PUFI	2/5 LB	10 LB	0.57	106	Knd	W, F	Deep Fry, Bake, Microwave
AK Pollock, Strip Cornmeal Breaded 1.5 oz	10025256	PUFI	2/5 LB	10 LB	0.57	98-107		W, F	Deep Fry, Bake
AK Pollock, Strip w. Potato Coating 1.5 oz	10023319	PUFI	2/5 LB	10 LB	0.57	103-111		E, M, W, S, F	Deep Fry, Bake
AK Pollock, Super Crunchie Rectangle 3.6 oz	10022066	A	2/5 LB	10 LB	0.57	41-46		W, F	Bake
Cod, Breaded Nugget 0.88 oz	10022063	PUFI	2/5 LB	10 LB	0.57	179-187		W, F	Bake
Cod, Breaded Rectangle 3 oz	10022055	A	2/5 LB	10 LB	0.57	52-54		W, F	Bake
Cod, Breaded Rectangle 4 oz	10001240	PUFI	2/5 LB	10 LB	0.57	40	Knd	W, F	Bake
Cod, Breaded Square 4 oz	10022646	A	2/5 LB	10 LB	0.57	39-41	Knd	W, F	Bake
Cod, Breaded Stick 1 oz	10021672	A	2/5 LB	10 LB	0.57	160		W, F	Bake
Cod, Fish-In-Batter Wedge 2 oz	10001910	PUFI	2/5 LB	10 LB	0.66	80	Kd	E, M, W, F	Bake
Cod, Fish-In-Batter Wedge 3 oz	10001880	PUFI	2/5 LB	10 LB	0.66	54	Kd	E, M, W, F	Deep Fry, Bake
Cod, Fish-In-Batter Wedge 3 oz	10022248	PUFI	2/5 LB	10 LB	0.57	52-54		W, F	Deep Fry
Cod, Super Crunchie Rectangle 3.6 oz	10022658	A	2/5 LB	10 LB	0.57	44		W, F	Bake
Fish Strip, Lemon Pepper Breaded 2 oz	10022727	PUFI	1/10 LB	10 LB	0.57	Apx 80		E, M, W, S, F	Bake
Haddock, Breaded Rectangle 3 oz	10001110	PUFI	2/5 LB	10 LB	0.66	54	Kd	W, F	Bake
Haddock, Breaded Rectangle 4 oz	10001310	PUFI	2/5 LB	10 LB	0.57	40	Kd	W, F	Bake
Pollock, Breaded Rectangle 3 oz	10022640	A	2/5 LB	10 LB	0.57	52-54	Knd	W, F	Bake
Pollock, Breaded Rectangle w Cheese 3.5 oz	10021686	PUFI	2/5 LB	10 LB	0.57	45-47	Kd	M, W, F	Bake
Pollock, Breaded SeaFit Entree 3 oz	10020623	PUFI	1/10 LB	10 LB	0.57	50-53		E, M, W, S, F	Bake
Pollock, Breaded SeaFit Entree 4 oz	10020624	PUFI	1/10 LB	10 LB	0.57	38-39		E, M, W, S, F	Bake
Pollock, Breaded SeaFit Nugget 1 oz	10020540	PUFI	1/10 LB	10 LB	0.57	155-160		E, M, W, S, F	Bake
Pollock, Breaded SeaFit Sandwich 3 oz	10020621	PUFI	1/10 LB	10 LB	0.57	50-53		E, M, W, S, F	Bake
Pollock, Breaded SeaFit Sandwich Portion 4 oz	10020622	PUFI	1/10 LB	10 LB	0.57	38-40		E, W, M, S, F	Bake

Allergens: (E)gg, (M)ilk, (W)heat, (S)oy, (F)ish, (SH)ellfish, (P)eanut, (T)reenut

Kosher Dairy (Kd), Kosher Non-Dairy (Knd)



School Foodservice Products Listing

Product & Package Details

	Product Code	Grade	Case Pack	Case Weight	Case Cube (CU FT)	Apx Portions Per Case	Kosher	Big 8 Allergens	Cooking Method
SAMBAND OF ICELAND									
Pollock, Breaded Square 4 oz	10022648	A	2/5 LB	10 LB	0.57	39-41	Kd	W, F	Bake
Pollock, Breaded Stick 1 oz	10000373	PUFI	2/5 LB	10 LB	0.57	158-160		W, F	Bake
Pollock, Breaded Stick 1 oz	10021675	A	2/5 LB	10 LB	0.57	160		W, F	Bake
Pollock, Fish-In-Batter Wedge 3 oz	10022249	PUFI	1/10 LB	10 LB	0.57	50-53		W, F	Deep Fry
Pollock, Super Crunchie Nugget 0.88 oz	10020874	PUFI	2/5 LB	10 LB	0.57	179-187		W, F	Bake
Whiting, Battered Wedge 4 oz	10022264	PUFI	2/5 LB	10 LB	0.57	38-40		E, W, F	Deep Fry, Bake
Whiting, Breaded Rectangle 3.6 oz	10022659	A	2/5 LB	10 LB	0.57	43-45	Knd	W, F	Bake
Whiting, Breaded Square 4 oz	10022059	A	2/5 LB	10 LB	0.57	39-41	Knd	W, F	Bake
Whiting, Fish-In-Batter Submariner 3.2 oz	10001870	PUFI	2/5 LB	10 LB	0.57	45-55	Kd	E, M, W, F	Bake
Whiting, Super Crunchie Rectangle 3 oz	10022654	A	2/5 LB	10 LB	0.57	53	Knd	W, F	Bake